**2025 Post 7 First Aid Contest**

**Written Exam**

1. Jaw thrust is a maneuver used to open a victim’s airway before providing rescue breaths during CPR; used when the victim may have a \_\_\_\_\_\_\_ spinal injury or when the head tilt-chin lift doesn’t work.
2. Potential
3. Likely
4. Dangerous
5. Suspected
6. Signs of \_\_\_\_\_\_ \_\_\_\_\_\_ include slow, shallow or no breathing, choking, or gurgling sounds, drowsiness or loss of consciousness, small, constricted pupils, blue skin, lips, or nails.
7. Drug overdose
8. Stroke victim
9. Opioid overdose
10. Choking victim
11. Avoid placing the AED pad directly over an \_\_\_\_\_\_\_ pacemaker or defibrillator.
12. Installed
13. Malfunctioning
14. Dead
15. Implanted
16. You are assisting a woman in active labor. As the baby’s head begins to deliver you should apply \_\_\_\_\_\_\_ pressure and support the head during delivery. Ch.-23
17. Even
18. Gentle
19. Direct
20. Ample
21. Your patient is unresponsive, lying prone on the floor after falling off a high ladder, the appropriate care for this patient would include using the log-roll maneuver to roll the patient into the \_\_\_\_\_\_\_ position. Ch.-21
22. Prone
23. Correct
24. Proper
25. Supine
26. Immediate transport is the most important to the survival of a patient showing signs of \_\_\_\_\_\_\_.
27. Shock
28. Stroke
29. Overdose
30. Distress
31. Protect the patient from injury and place him or her in the \_\_\_\_\_\_\_ position following the seizure is an example of appropriate care for a seizure patient. Ch.- 16
32. Upright
33. Elevated
34. Appropriate
35. Recovery
36. The steps of primary assessment include forming a general impression, assessing metal status, assessing ABCs, and determining \_\_\_\_\_\_\_ for transport. Ch.-13
37. Urgency
38. Need
39. Priority
40. Means
41. Over the lower half of the \_\_\_\_\_\_\_ is the most appropriate hand location for chest compressions on an adult. Ch.-11
42. Naval
43. Chest
44. Torso
45. Sternum
46. Proper body mechanics are best defined as properly using your body to \_\_\_\_\_\_\_ a lift or move. Ch.-6
47. Perform
48. Facilitate
49. Complete
50. Initiate
51. Pertussis, hepatitis, and tetanus are commonly \_\_\_\_\_\_\_ immunization for health care providers. Ch.-3
52. Required
53. Suggested
54. Mandated
55. Recommended
56. A pocket face mask allows the rescuer to provide \_\_\_\_\_\_\_ while minimizing

direct contact with the patient’s mouth and nose. Ch.-9

1. Ventilations
2. Breaths
3. Resuscitation
4. Care
5. A patient has been involved in a rollover vehicle collision, in this scenario, the rollover is an example of the \_\_\_\_\_\_\_ of injury. Ch.-13
6. Cause
7. Root
8. Accident
9. Mechanism
10. Bronchitis is a medical condition that causes inflammation of the bronchioles, excess mucus production within the airways and chronic productive cough. Ch.- 15
11. Tonsils
12. Throat
13. Bronchioles
14. Adenoids
15. It is important to maintain the hand and foot of an injured extremity in a normal and comfortable position during \_\_\_\_\_\_\_ , this position is called the position of function. Ch.-20
16. Treatment
17. Care
18. Stabilization
19. Splinting